

<b>Products</b>	Exacto™ cold snare
<b>Procedural Area</b>	Polypectomy
<b>Article</b>	Colon Polyp Retrieval After Cold Snaring
<b>Publication</b>	Deenadayalu VP. Rex DK. Colon Polyp Retrieval After Cold Snaring. Gastrointestinal Endoscopy 2005;62:253-6
<b>URL</b>	<a href="http://www.giejournal.org/article/S0016-5107(05)00376-7/fulltext">http://www.giejournal.org/article/S0016-5107(05)00376-7/fulltext</a>
<b>Author</b>	Viju P. Deenadayalu MD, Douglas K. Rex MD
<b>Purpose</b>	Determine the retrieval rates of polyps following cold snaring and understand risk of complications due to bleeding and perforation.
<b>Key Points</b>	<ul style="list-style-type: none"> <li>• Cold snare polypectomy is a common technique for the removal of diminutive polyps. The study's colonoscopist typically uses cold snares to remove polyps 2-8 mm in size. The mean size of polyps that were cold snared for this study was 3.5 mm.</li> <li>• The most common polypectomy related complications are bleeding and perforation resulting from the use of electrocautery.</li> <li>• Previous studies have shown that these risks are reduced with the cold snare technique. <ul style="list-style-type: none"> <li>○ Bleeding following cold snare polypectomy is capillary, not venous. It stops quickly and on its own.</li> <li>○ <b>Authors estimate they have removed more than 15,000 polyps with cold snare technique and have <u>never</u> seen a complication.</b></li> </ul> </li> <li>• Another concern regarding cold snaring is that polyps are difficult to retrieve.</li> <li>• The results of this study suggest that cold snare resection allows for adequate rates of polyp retrieval. <ul style="list-style-type: none"> <li>○ Polyp retrieval rates in this study ranged from 98% - 100%.</li> <li>○ US Multi-Society Task Force recommends &gt; 95% success in polyp retrieval as a quality indicator.</li> </ul> </li> </ul>
<b>Conclusions</b>	<ul style="list-style-type: none"> <li>• The study generally supports the safety and efficacy of the cold snare technique: <ul style="list-style-type: none"> <li>○ A high polyp retrieval rate was achieved.</li> <li>○ Risk of perforation is reduced because no electrocautery is used.</li> <li>○ Moderate capillary bleeding following cold snaring is common.</li> </ul> </li> </ul>
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