

<b>Products</b>	Exacto® cold snare
<b>Procedural Area</b>	Polypectomy
<b>Article</b>	Cold Snare Polypectomy for Large Sessile Colonic Polyps: A Single-Center Experience
<b>Publication</b>	Gastroenterology Research & Practice, Volume 2015
<b>URL</b>	<a href="http://www.hindawi.com/journals/grp/2015/175959/">http://www.hindawi.com/journals/grp/2015/175959/</a>
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<b>Purpose</b>	Retrospectively analyze the cold snaring polypectomy outcomes in patients with large sessile polyps (>10mm in size) to observe feasibility of technique and clinical outcomes.
<b>Key Points</b>	<p>A retrospective, single-center review of 30 patients that had large sessile colonic polyps (size &gt;10mm). All procedures were performed by one attending endoscopist and utilized the Exacto® cold snare to remove polyps utilizing a cold snare polypectomy technique with the following results:</p> <ul style="list-style-type: none"> <li>• 30 polyps were removed using a primarily piecemeal cold snare technique after submucosal injection with saline and indigo carmine.</li> <li>• The Exacto® cold snare utilized is a 9mm thin wire cold snare with a hexagonal shape to facilitate polyp grasping.</li> <li>• The mean polyp size was 19mm and 80% of polyps were removed from the right colon.</li> <li>• There were no cases that required hemostatic techniques for immediate active bleeding and no other delayed bleeding or perforation, post-polypectomy syndrome or other complications were identified. Intervention such as APC and hemostatic clips were used in some procedures to treat polypectomy borders, oozing sites, and to close mucosal defects.</li> <li>• 100% of polyps were retrieved and sent to pathology.</li> <li>• 27 of the 30 patients had a follow-up colonoscopy within 6 months, and 80% of these patients had complete polyp resection and did not require any further intervention. Other studies have shown residual polyp rates of sessile serrated adenomas up to 31%.</li> <li>• The absence of cautery with cold snare polypectomy prevents thermal wall injury and post-polypectomy syndrome and may contribute to a decreased risk of delayed bleeding and delayed perforation.</li> </ul> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p style="text-align: center;">FIGURE 1: Large sessile polyp removal using Exacto cold snare.</p>
<b>Conclusions</b>	The findings of this study indicate that piecemeal cold snare polypectomy appears to be a safe and effective technique for resecting large sessile polyps in the right colon.